ARTICLE IN PRESS EUROPEAN UROLOGY XXX (2019) XXX-XXX

available at www.sciencedirect.com journal homepage: www.europeanurology.com





² Platinum Priority – Stone Disease Editorial by XXX on pp. x-y of this issue

³ Mini Percutaneous Nephrolithotomy Is a Noninferior Modality to

- 4 Standard Percutaneous Nephrolithotomy for the Management of
- ³ 20–40 mm Renal Calculi: A Multicenter Randomized Controlled Trial

⁶ Q3 Guohua Zeng^{a,†,*}, Chao Cai^{a,†}, Xianzhong Duan^{b,†}, Xu Xun^{c,†}, Houping Mao^d, Xuedong Li^e,

Yong Nie^f, Jianjun Xie^g, Jiongming Li^h, Jun Luⁱ, Xiaofeng Zou^j, Jianfeng Mo^k, Chengyang Li^l,

⁸ Jianzhong Li^m, Weiguo Wangⁿ, Yonggang Yu^o, Xiang Fei^p, Xianen Gu^q, Jianhui Chen^r,

⁹ Xiangbo Kong^s, Jian Pan^t, Wei Zhu^a, Zhijian Zhao^a, Wenqi Wu^a, Hongling Sun^a, Yongda Liu^a,

¹⁰ Jean de la Rosette^{*a,u,v*}

11 ^a Department of Urology, Minimally Invasive Surgery Center, Guangdong Key Laboratory of Urology, The First Affiliated Hospital of Guangzhou Medical University, 12 Guangzhou, China; ^b Department of Urology, Baoshan No.2 People's Hospital, Baoshan, China; ^c Department of Urology, People's Hospital of Nanhai District, Foshan, China; 13 ^d Department of Urology, The First Affiliated Hospital of Fujian Medical University, Fuzhou, China; ^e Department of Urology, The Second Affiliated Hospital of Harbin 14 Medical University, Harbin, China; ^f Department of Urology, Yichang Yiling Hospital, Yichang, China; ^g Department of Urology, Suzhou Municipal Hospital, Suzhou, China; 15 ^h Department of Urology, The Second Affiliated Hospital of Kunming Medical University, Kunming, China; ⁱ Department of Urology, Shanghai General Hospital, Shanghai, 16 China; ^j Department of Urology, The First Affiliated Hospital of Gannan Medical University, Ganzhou, China; ^k Department of Urology, The Sixth Affiliated Hospital of 17 Guangzhou Medical University, Qingyuan, China; ¹ Department of Urology, The First Affiliated Hospital of Guangxi Medical University, Nanning, China; ^m Department of 18 Urology, The General Hospital of Shenyang Military, Shenyang, China; "Department of Urology, Jining No.1 People's Hospital, Jining, China; Operatment of Urology, 181st 19 Hospital of Chinese People's Liberation Army, Guilin, China; ^PDepartment of Urology, Shengling Hospital of China Medical University, Shenyang, China; ^QDepartment of 20 Urology, Chui Yang Liu Hospital affiliated to Tsinghua University, Beijing, China; Department of Urology, Fujian Medical University Union Hospital, Fuzhou, China; 21 ^s Department of Urology, China–Japan Union Hospital, Jilin University, Changchun, China; ^tDepartment of Urology, Jiangmen Central Hospital, Jiangmen, China; 22 ^u Amsterdam UMC, University of Amsterdam, Amsterdam, The Netherlands; ^v Department of Urology, Istanbul Medipol University, Istanbul, Turkey

Article info

Article history: Accepted September 10, 2020

Associate Editor: J.-N. Cornu

Statistical Editor: Emily Zambor

Keywords: Mini Percutaneous nephrolithotomy

Abstract

Background: High quality of evidence comparing mini percutaneous nephrolithotomy (mPNL) with standard percutaneous nephrolithotomy (sPNL) for the treatment of largersized renal stones is lacking.

Objective: To compare the efficacy and safety of mPNL and sPNL for the treatment of 20–40 mm renal stones.

Design, setting, and participants: A parallel, open-label, and noninferior randomized controlled trial was performed at 20 Chinese centers (2016–2019). The inclusion criteria were patients 18–70 yr old, with normal renal function, and 20–40 mm renal stones. *Intervention:* Percutaneous nephrolithotomy (NPL) was performed using either 18 F or 24 F percutaneous nephrostomy tracts.

Outcome measurements and statistical analysis: The primary outcome was the onesession stone-free rate (SFR). The secondary outcomes included operating time, visual analog pain scale (VAS) score, blood loss, complications as per the Clavien-Dindo grading system, and length of hospitalization.

[†] These authors contribute to this study equally.

* Corresponding author. 1 Kangda Road, Haizhu District, Guangzhou, Guangdong 510230, China. Tel. +86 13802916676; Fax: +86 02034294165.

E-mail address: gzgyzgh@vip.sina.com (G. Zeng).

https://doi.org/10.1016/j.eururo.2020.09.026

0302-2838/© 2020 Published by Elsevier B.V. on behalf of European Association of Urology.

Standard: Renal stone;

Randomized controlled trial

EUROPEAN UROLOGY XXX (2019) XXX-XXX

Results and limitations: The 1980 intention-to-treat patients were randomized. The mPNL group achieved a noninferior one-session SFR to the sPNL group by the one-side noninferiority test (0.5% [difference], p < 0.001). The transfusion and embolization rates were comparable; however, the sPNL group had a higher hemoglobin drop (5.2 g/l, p <0.001). The sPNL yielded shorter operating time (-2.2 min, p = 0.008) but a higher VAS score (0.8, p < 0.001). Patients in the sPNL group also had longer hospitalization (0.6 d, p < 0.001). There was no statistically significant difference in fever or urosepsis occurrences. The study's main limitation was that only 18F or 24F tract sizes were used. Conclusions: Mini PNL achieves noninferior SFR outcomes to sPNL, but with reduced bleeding, less postoperative pain, and shorter hospitalization.

Patient summary: We evaluated the surgical outcomes of percutaneous nephrolithotomy using two different sizes of nephrostomy tracts in a large population. We found that the smaller tract might be a sensible alternative for patients with 20–40 mm renal stones.

© 2020 Published by Elsevier B.V. on behalf of European Association of Urology.

23 1. Introduction

24 Percutaneous nephrolithotomy (PNL) is the preferred 25 surgical procedure for the treatment of 20-40 mm renal 26 stones, as it has an excellent stone-free rate (SFR) 27 [1]. However, PNL can result in serious morbidities: blood 28 transfusion (7%), sepsis (0.5%), organ injury (0.4%), emboli-29 zation (0.4%), and death (0.05%) [2]. It has been demon-30 strated that the large nephrostomy tract (24-30F), the so-31 called standard PNL (sPNL), partly contributes to these 32 morbidities [3]. Mini PNL (mPNL; 12–20F) was initially 33 introduced for pediatric patients. Later, it was applied to the 34 general population to reduce the morbidities [4,5]. Current-35 ly, the generally accepted options for treating 20-40 mm 36 renal stones included flexible ureteroscope lithotripsy 37 (fURL) and PNL. Compared with mini percutaneous or 38 micropercutaneous surgery, fURL has a lower SFR and 39 requires staged procedures, but has lower complication 40 rates and shorter hospitalization times [6–8]. With the 41 improvements in nephroscope, lithotripter, nephrostomy 42 sheath, and imaging technique in the past 2 decades, sPNL 43 has been challenged by mPNL. A recent systematic review 44 and meta-analysis reported that mPNL could achieve a 45 comparable SFR, but with a longer operative time. However, 46 mPNL had the advantages of less blood loss and shorter 47 hospitalization. Other complications were similar [1]. How-48 ever, the quality of evidence in this analysis had certain 49 limitations: there was significant heterogeneity among the 50 included studies, most of the studies were single-arm trials, 51 and this analysis comprised only two small-sized random-52 ized controlled trials (RCTs). Hence, higher-quality evidence 53 is necessary to reach sound conclusions and make suitable 54 recommendations. We conducted a large multicenter RCT to 55 compare the efficacy and safety between sPNL and mPNL.

56 2. Patients and methods

57 2.1. Trial design and participants

58 This is a multicenter, parallel, open-label RCT. Patients were 59 recruited from 20 Chinese tertiary medical centers from 60 January 2016 to August 2019 (ClinicalTrials.gov, 61 NCT02635048). Each participating center performed 62 >500 PNLs per year. Ethics committee approval was

63 obtained at each site, and written informed consent was 64 obtained from each patient. We presented the study 65 following the Consolidated Standards of Reporting Trials 66 (CONSORT) guidelines.

The primary outcome was the one-session SFR, and the 67 secondary outcomes included operating time, visual analog 68 pain scale (VAS) score, blood loss, complications as per the 69 Clavien-Dindo grading system, and length of hospitalization. 70 Patients aged between 18 and 70 yr and with normal serum 71 creatinine (<133 µmol/l), 20–40 mm renal stones, and 72 American Society of Anesthesiology scores of 1-2 were 73 included. Morbidly obese patients (body mass index \geq 40 kg/ 74 m²), patients with congenital abnormalities, patients with histories of renal transplant or urinary diversion, and patients 75 76 with solitary kidneys, uncorrected coagulopathy, or active 77 urinary tract infections were excluded.

2.2. Randomization and masking

79 Central randomized allocation was used without stratifica-80 tion. A randomization list was generated by a statistician 81 and securely stored at a password-protected computer of 82 the sponsor's center. Only one protocol-blinded coordinator 83 knew the password and revealed the assignments in sequence to each center. Since the participating centers 84 85 needed to prepare the appropriate instruments for the allocated procedures, the allocation was revealed 1 d before 86 87 surgery. Consent forms were signed.

2.3. Procedures and quality control

89 A uniform operating methodology was established and 90 approved by the principal investigator in each center. 91 Protocol monitoring visits were conducted monthly at all 92 centers.

93 Intravenous urography and 2 mm noncontrast computed 94 tomography (CT) were performed in all patients. All centers 95 used the same software to measure stone density. All 96 patients had negative urine culture before operation. A 97 single intravenous dose of first/second-generation cepha-98 losporin or ciprofloxacin was administered 30 min before 99 and after each surgery for prophylaxis.

100 All the procedures were performed by one designated 101 experienced surgeon (\geq 100 procedures per year in both

78

88

ARTICLE IN PRESS

3

167

102 sPNL and mPNL) per center. Each procedure was completed 103 under general anesthesia and in the prone position. A 5F 104 open-ended ureteral catheter was first inserted into the 105 renal pelvis. The renal puncture was performed using an 18-106 gauge needle with fluoroscopic and/or ultrasonic guidance 107 as per the surgeon's preference. The nephrostomy tract was 108 gradually dilated with fascial dilators up to 18 F (mPNL) or 109 24 F (sPNL). A corresponding peel-away sheath was used 110 (Fig. 1). A 12 F nephroscope (Wolf) was chosen for the mPNL 111 and a 20.8 F one (Wolf) for the sPNL. The stone was 112 fragmented by a pneumatic lithotripter or/and a holmium 113 laser with a 550 μ m laser fiber (with energy setting at 30– 114 50W) and/or an ultrasonic lithotripter (only the sPNL 115 group). The status of residual stones was evaluated 116 routinely by fluoroscopy (radiopaque stone) or ultrasound 117 (radiolucent stone) at the end of the procedure. Then, an 118 immediate second look through the initial tract or another 119 puncture was performed if needed. A 6 F indwelling double-120 I stent was placed for 4 wk. A 16–18 F nephrostomy tube was 121 inserted and then removed before discharge. Indications for 122 a tubeless procedure were as follows: no visible perforation, 123 no significant bleeding, and complete stone clearance.

¹²⁴ **2.4.** Outcome measures and data collection

125 Plain kidney-ureter-bladder (KUB) radiograph and renal 126 ultrasound were used to evaluate the residual stones before 127 discharge and during follow-up. If there was a discrepancy 128 between the KUB and ultrasound results, 2 mm noncontrast 129 CT was performed to better assess the presence of residual 130 stones and their clinical management. The residual stones 131 were assessed by two protocol-blinded radiologists. If the 132 largest residual stone was >6 mm, shock wave lithotripsy, 133 retrograde intrarenal surgery, or retrograde ureteroscope 134 lithotripsy was recommended before removing the double-J 135 stent. Residual stones ranging from 4 to 6 mm in size were 136 recommended for conservative treatments [9]. The one-137 session SFR was defined as the presence of either no 138 residual stone or <4 mm asymptomatic, noninfectious, and 139 nonobstructive residual stones [10] at 1 mo after the 140 removal of the double-I stent and without any auxiliary 141 procedures.

Transfusion was implemented when the hemoglobin was 142 <70 g/l or progressively decreasing after surgery. Indications 143 for angiography and selective angioembolization were

144 continuous significant bleeding and progressive decrease 145 in hemoglobin with hemodynamic instability. VAS was used 146 for quantification of pain at 24 h after surgery [11]. VAS score 147 was evaluated by two protocol-blinded nurses. Patients with 148 a VAS score of >5 were given nonsteroidal anti-inflamma-149 tory medication. The stone composition was analyzed using 150 the same infrared spectrometer and methodology [12] in all 151 centers.

152 Patients' characteristics and clinical outcomes were 153 recorded on a pre-established case report form (Supple-154 mentary material). Surgical outcomes were assessed using 155 stone size, tract length, obstruction, number of involved 156 calices, and stone density (STONE) nephrolithometry 157 [13]. The stone size was the largest diameter for a single 158 stone and the summation of the largest diameters for 159 multiple stones. The operating time was defined as the time 160 from a puncture to the placement of the nephrostomy tube 161 or the removal of access sheaths in tubeless cases. Septic 162 shock was identified using the clinical criteria of persisting 163 hypotension requiring vasopressor therapy to maintain the 164 mean artery pressure of \geq 65 mmHg and having a serum 165 lactate level of >2 mmol/l despite adequate fluid resuscita-166 tion [14].

2.5. Statistical analysis

168 The SFRs of sPNL and mPNL were presumed to be 89% and 169 83%, respectively, based on previous data [15–19]. Our null 170 hypothesis was that mPNL had an inferior SFR to sPNL; -10% 171 was considered as a noninferior margin. The sample size 172 was calculated with the formulas of a two-sample noninferior test comparing two proportions. The type-1 173 174 error (α) was set at 0.05 and the power (1 – β) at 0.8. The 175 sampling ratio was 1. The minimum sample size for each 176 group was 923. The number was increased to 1000 in each 177 group to offset the patient loss to follow-up and with-178 drawals.

179 Statistical analysis was performed using SPSS 20.0. Out-180 comes were analyzed in both intention-to-treat (ITT) and 181 per-protocol (PP) populations. A one-side noninferiority 182 test was used to evaluate whether mPNL had a noninferior 183 one-session SFR to sPNL. Other categorical outcomes (eg, 184 rates of transfusion, embolization and fever, and complica-185 tion as per Clavien-Dindo grades) were compared using a 186 fisher's exact or chi-square test. The means of continuous





ARTICLE IN PRESS

EUROPEAN UROLOGY XXX (2019) XXX-XXX

outcomes (eg, VAS score, hemoglobin drop, operating time, and length of postoperative hospitalization) were compared using a Student *t* test. Differences between proportions/ means and 95% confidence intervals were presented. A *p* value of <0.05 was considered statistically significant.

¹⁹² **3. Results**

¹⁹³ **3.1.** *Patient recruitment and baseline characteristics*

Of the 2465 patients assessed for eligibility, 2000 underwent 194 randomization. After excluding patients due to canceled 195 surgeries and withdrawn consent, 1980 patients received 196 randomly assigned interventions and formed the ITT 197 population (988 in the sPNL group and 992 in the mPNL 198 group; Fig. 2). Of the ITT population in the sPNL group, five 199 patients were converted to mPNL because the calyceal neck 200 was too narrow or severe bleeding occurred after dilation to 201 18 F. Besides, 11 patients in the sPNL group and 12 in the 202 mPNL group were converted to second-stage PNLs. Excluding cases lost to follow-up, the PP population included ²⁰³ 966 patients in the sPNL group and 978 in the mPNL group. ²⁰⁴ Patient demographics are shown in Table 1. ²⁰⁵

206

3.2. Efficacy

The mPNL group achieved a noninferior one-session SFR to207the sPNL group (ITT: 0.5% [difference], p < 0.001; PP: 0.1%208[difference], p < 0.001; Table 2); sPNL yielded shorter209operating times than mPNL (ITT: -2.2 min, p = 0.008; PP:210-2.3 min, p = 0.007; Table 2).211

Although the sPNL procedure had a significantly higher hemoglobin drop (ITT: 5.2 g/l, p < 0.001; PP: 4.6 g/l, p < 214 2.14 0.001; Table 2), the transfusion and embolization rates of the two groups were comparable. Arterial embolization was required mainly in patients with complicated stones 217 (STONE score \geq 10) or in those with more than one 218

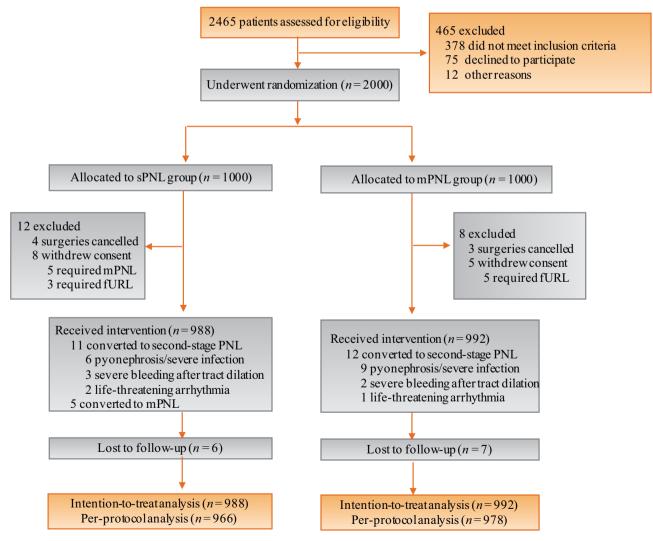


Fig. 2 – Trial profile. fURL=flexible ureteroscope lithotripsy; mPNL=mini percutaneous nephrolithotomy; PNL=percutaneous nephrolithotomy; sPNL=standard percutaneous nephrolithotomy.

ARTICLE IN PRESS

Q2 Table 1 – Characteristics of the intention-to-treat population at baseline.

	sPNL (<i>n</i> = 988)	mPNL (<i>n</i> = 992) 51.0 (43.0, 59.0)		
Age (yr)	51.0 (44.0, 60.0)			
Gender, <i>n</i> (%)				
Male	531 (54)	526 (53)		
Female	457 (46)	466 (47)		
BMI (kg/m ²)	24.7 (22.7, 26.6)	24.4 (22.3, 26.4)		
Stone size (mm)	29.0 (25.0, 35.0)	29.0 (23.0, 35.0)		
Stone surface (mm ²)	1122.0 (899.0, 1295.0)	1116.0 (900.0, 1260.0)		
Number of stones				
1	878 (89)	856 (86)		
≥2	110 (11)	136 (14)		
CT value of stone (HU)	1105.1 (880.3, 1275.0)	1086.5 (865.0, 1254.5		
STONE score	7.0 (6.0, 8.0)	7.0 (6.0, 8.0)		
Pre-Hb (g/l)	145.0 (134.0, 157.0)	144.0 (133.0, 155.0)		
Pre-WBC (µmol/l)	6.4 (5.2, 7.8)	6.6 (5.4, 8.0)		
Pre-Cr (µmol/l)	83.0 (71.0, 95.0)	82.3 (70.1, 94.9)		
Comorbidity, n (%)	311 (32)	329 (33)		
Initial positive urine culture, n (%)	188 (19)	200 (20)		
Laterality, n (%)				
Left	501 (51)	492 (50)		
Right	487 (49)	500 (50)		
Hydronephrosis grade, n (%)				
GO	156 (16)	167 (17)		
Mild (G1 or G2)	654 (66)	637 (64)		
Moderate (G3)	127 (13)	142 (14)		
Severe (G4)	51 (5.0)	46 (5.0)		

BMI=body mass index; Cr=creatinine; CT=computed tomography; G0 = grade 0; G1 = grade 1; G2 = grade 2; G3 = grade 3; G4 = grade 4; Hb=hemoglobin; mPNL=mini percutaneous nephrolithotomy; sPNL=standard percutaneous nephrolithotomy; WBC=white blood cell. Data are presented as median (first quartile, third quartile), or number (proportion).

The formula for calculation of stone surface is that the largest length of stone is multiplied by width.

Table 2 - Primary and secondary outcomes in intention-to-treat and per-protocol population.

	Intention to treat			Per protocol				
	sPNL (<i>n</i> = 988)	mPNL (<i>n</i> =992)	Difference (95% CI)	p value	sPNL (n = 966)	mPNL (<i>n</i> =978)	Difference (95% CI)	p value
One-session SFR, N (%)	848 (86)	856 (86)	0.50 ^a	<0.001 ^b	831 (86)	842 (86)	0.10 ^a	<0.001 ^b
Transfusion, N (%)	13 (1.3)	11 (1.1)	0.21 (-0.76 to 1.2)	0.7	11 (1.1)	11 (1.1)	0.014 (-0.93 to 0.96)	1
Embolization, N (%)	10 (1.0)	8 (0.81)	0.21 (-0.63 to 1.0)	0.6	9 (0.93)	8 (0.82)	0.11 (-0.72 to 0.94)	0.8
Hemoglobin drop (g/l)	17.0	13.0	5.2	< 0.001	17.0	13.0	4.6 (3.2-6.1)	< 0.001
	(10.0, 29.0)	(5.0, 22.0)	(3.8–6.6)		(9.0, 28.0)	(5.0, 22.0)		
Operating time (min)	35.0 (28.0, 48.0)	36.0 (27.0, 51.0)	-2.2 (-3.9 to -0.6)	0.008	35.0 (28.0, 48.0)	37.0 (28.0, 51.0)	-2.3 (-3.9 to -0.60)	0.007
VAS score postop 24 h	6.0 (5.0, 7.0)	5.0 (4.0, 6.0)	0.8 (0.7-1.0)	< 0.001	6.0 (5.0, 7.0)	5.0 (4.0, 6.0)	0.8 (0.7-1.0)	< 0.001
Analgesics (NSAIDs), N (%)	368 (37)	284 (29)	8.6 (4.5-13)	< 0.001	359 (37)	272 (28)	9.4 (5.2-14)	< 0.001
Fever (≥38 °C), N (%)	81 (8.2)	97 (9.8)	-1.6 (-4.1 to 0.94)	0.2	79 (8.2)	96 (9.8)	-1.6 (-4.2 to 0.91)	0.2
Septic shock required ICU treatment, N (%)	6 (0.61)	8 (0.81)	-0.20 (-0.94 to 0.54)	0.8	5 (0.52)	8 (0.82)	-0.30 (-1.0 to 0.42)	0.4
Postoperative hospitalization (d)	5.0 (4.0, 7.0)	5.0 (3.0, 6.0)	0.6 (0.4 - 0.8)	<0.001	5.0 (4.0, 7.0)	5.0 (3.0, 6.0)	0.5 (0.3–0.8)	<0.001
Clavien-Dindo, N (%)								
Grade I	409 (41)	385 (39)	-	0.7	406 (42)	377 (39)	-	0.4
Grade II	16 (1.6)	11 (1.1)			16 (1.7)	10 (1.0)		
Grade IIIa	12 (1.2)	11 (1.1)			11 (1.1)	11 (1.1)		
Grade IVa	4 (0.40)	6 (0.60)			3 (0.30)	6 (0.60)		
Grade IVb	2 (0.20)	2 (0.20)			2 (0.20)	2 (0.20)		
Tubeless, N (%)	180 (18)	344 (35)	-16 (-20 to -13)	< 0.001	180 (19)	339 (35)	-16 (-20 to -12)	< 0.001
Auxiliary procedure (SWL or RIRS or URL), N (%)	63 (6.4)	53 (5.3)	1.0 (-1.0 to 3.1)	0.3	62 (6.4)	51(5.2)	1.2 (-0.88 to 3.3)	0.3

CI = confidence interval; ICU = intensive care unit; mPNL = mini percutaneous nephrolithotomy; NSAID = nonsteroidal anti-inflammatory drug; postop = postoperative; RIRS = retrograde intrarenal surgery; SFR = stone-free rate; sPNL = standard percutaneous nephrolithotomy; SWL = shock wave lithotripsy; URL = ureteroscope lithotripsy; VAS = visual analog pain scale.

Data are presented as median (first quartile, third quartile), or number (proportion).

^a Difference = P_T - P_S; P_T (proportion of test group): one-session SFR of mPNL; P_S (proportion of standard group): one-session SFR of sPNL.

^b One-side noninferiority test.

ARTICLE IN PRESS

EUROPEAN UROLOGY XXX (2019) XXX-XXX

	sPNL	mPNL
STONE score		
<10	3	3
≥10	7	5
Number of tract		
1	4	3
>1	6	5
mPNL = mini percutaneous percutaneous nephrolithotomy.	nephrolithotomy;	sPNL= standard

219 nephrostomy tract (Table 3). In the sPNL group, VAS score 220 was higher (ITT: 0.8, *p* < 0.001; PP: 0.8, *p* < 0.001; Table 2) 221 and more patients needed analgesics (ITT: 8.6%, p < 0.001; 222 PP: 9.4%, p < 0.001; Table 2). According to the Clavien-223 Dindo grading system [20], complication rates were 224 comparable between the two groups. Grade I complications 225 accounted for nearly 40%, occurring in patients taking either 226 antipyretic or analgesic medication. Grade II complications 227 occurred in patients requiring transfusions except that 228 three patients required total parenteral nutrition for 229 persistent abdominal distension. Patients with grade IIIa 230 complications included those who underwent arterial 231 embolization or ureteroscopy under local anesthesia. Grade 232 IVa and IVb complications were present in patients who 233 required intensive care unit (ICU) treatment for single or 234 multiple organ failures caused by urosepsis. There was no 235 statistically significant difference in fever and urosepsis 236 (Table 2). The sPNL group had longer hospitalization periods 237 (ITT: 0.6 d, p < 0.001; PP: 0.5 d, p < 0.001; Table 2).

²³⁸ **4. Discussion**

239 There are a rising number of studies debating the merits of 240 minimally invasive PNLs [21]. There are considerable 241 debates regarding the merits of mPNL and sPNL. We aimed 242 to perform a high-quality RCT comparing mPNL and sPNL 243 for the treatment of 20-40 mm renal stones to settle this 244 debate. Since the treatment algorithm was decided 245 according to stone size in the guideline on urolithiasis 246 [22], we used stone size as an inclusion criterion. We 247 measured the largest diameter in both the coronal and the 248 sagittal view on the CT scan to increase accuracy.

249 Our data demonstrated that mPNL was noninferior to 250 sPNL in the treatment of 20-40 mm stones. The SFR 251 achieved by mPNL was similar to that by sPNL, but with 252 less blood loss, less postoperative pain, and shorter 253 hospitalization. There was no increase in the complication 254 rate with mPNL, albeit a small increase in the operating 255 time. This study reaffirmed the findings of the previous 256 trials [1]. We selected 18 F and 24 F nephrostomy tracts for 257 this study. When tract size increased from 18 F to 24 F, the 258 actual surface area of the tract increased by 77.8%. However, 259 the nephroscope used in sPNL (20.8 F) had a 150% increase 260 relative to mPNL (12 F) in terms of surface area. The space 261 between the tract and the nephroscope was greater in 262 mPNL, which provided better visualization and evacuation

263 of fragments or dust during the procedure. Different 264 lithotripters used between the groups might have caused 265 a bias, because of the different methods of lithotripsy and 266 the different spaces in the working channel of scope after 267 inserting the lithotripter. However, the use of different lithotripsy devices did not result in a difference in the one-268 269 session SFR (Supplementary Table 1). We did not routinely 270 use CT to examine the residual stones, even though it has 271 the highest sensitivity and specificity [23]. This was 272 intended to decrease the cost and radiation exposure to 273 the patients. Furthermore, most studies reporting SFRs 274 relied on KUB or multiple modalities, rather than on CT only 275 [24]. In our study, two protocol-blinded radiologists 276 assessed the SFR using KUB and ultrasound; CT was 277 optional.

278 The main purpose of miniaturized PNL was to offer comparable SFR outcomes with lower morbidity. This study 279 demonstrated that mPNL was associated with a lower 280 281 hemoglobin drop than sPNL. Further reduction in tract size 282 might even heighten this difference [3]. While there was no 283 statistically significant difference in transfusion and embo-284 lization rates, mPNL had a higher tubeless rate owing to less 285 bleeding. The higher tubeless rate might also contribute to 286 the lower postoperative pain and the lower proportion of 287 patients requiring pain medication. In addition, the patients 288 who underwent mPNL had shorter hospitalization periods. 289 In a recent meta-analysis, it was reported that patients recovered faster from the tubeless procedures [25]. 290

Although more than half of the punctures were ²⁹¹ supracostal (Table 4), no thoracic complications were ²⁹² encountered. Ultrasonic guidance was used for most of ²⁹³ these punctures, which might have contributed to the lower ²⁹⁴ incidence [26]. All 10th intercostal rib punctures had ²⁹⁵ nephrostomy tubes placed for 1 wk to safeguard against ²⁹⁶ missed pleural injuries. ²⁹⁷

As part of Chinese customs, many of our patients chose to be fully recovered and without external tubes before discharge. Consequently, postoperative hospitalization periods in both groups were longer than the published data [8].

4.1. Strengths and limitations

The major strength of this study is its large number of ³⁰³ participating patients and centers, and the surgeries were ³⁰⁴ performed by only one designated experienced surgeon in ³⁰⁵ each center, leading to a much more reliable comparison. ³⁰⁶

302

307 This study had its limitations. We only selected two tract 308 sizes, 18 F and 24 F, which are most commonly used in China. 309 The central randomized allocation method caused an 310 uneven distribution of cases among the participating 311 centers. This method was practical and used widely in 312 multicenter RCTs with a large number of participants 313 [27]. Auxiliary procedures would incur additional expenses 314 in China; thus, more than half of the patients with residual 315 stones decided to follow them expectantly. With the 316 surgeries performed only by one designated experienced 317 surgeon in each high-volume center, it is uncertain how this study will translate to lower-volume centers with less 318 319 experienced PNL surgeons. Furthermore, this was a non-

ARTICLE IN PRESS

EUROPEAN UROLOGY XXX (2019) XXX-XXX

	Intention to treat		Per protocol			
	sPNL (<i>n</i> = 988)	mPNL (<i>n</i> = 992)	p value	sPNL (<i>n</i> = 966)	mPNL (<i>n</i> = 978)	p value
Access under, N (%)						
X-ray	222 (23)	238 (24)	0.7	218 (23)	239 (24)	0.6
Ultrasound	734 (74)	722 (73)		715 (74)	707 (73)	
Combined	32 (3.0)	32 (3.0)		32 (3.0)	32 (3.0)	
Site of puncture, N (%)						
10th intercostal space	15 (2.0)	26 (3.0)	0.4	15 (2.0)	26 (3.0)	0.4
11th intercostal space	520 (53)	517 (52)		505 (52)	509 (52)	
under 12th space	443 (44)	439 (44)		436 (45)	433 (44)	
≥ 2 sites	10 (1.0)	10 (1.0)		10 (1.0)	10 (1.0)	
Stone composition, N (%)						
Calcium oxalate	748 (76)	747 (75)	0.8	731 (76)	735 (75)	0.9
Uric acid	130 (13)	126 (13)		129 (13)	125 (13)	
Carbonate apatite	75 (7.6)	79 (8.0)		73 (7.6)	79 (8.1)	
Ammonium magnesium phosphate	20 (2.0)	27 (2.7)		19 (2.0)	27 (2.8)	
Others	15 (1.4)	13 (1.3)		14 (1.4)	12 (1.1)	

mPNL=mini percutaneous nephrolithotomy; sPNL=standard percutaneous nephrolithotomy. Data are presented as number (proportion).

Table 4 – Other variables in intention-to-treat and per-protocol population

³²⁰ inferior trial, and some centers might need to be equipped

³²¹ with a second set of devices, which might not be sufficient

³²² to change the treatment paradigm.

³²³ **5.** Conclusions

This RCT demonstrates that mPNL achieves a noninferior SFR to sPNL, but with the advantages of reduced blood loss, less postoperative pain, and shorter hospitalization. Additionally, mPNL does not cause an increase in the infectious complications. Hence, 18 F mPNL should be considered a sensible alternative to 24 F sPNL for the treatment of 20– 40 mm renal stones.

Author contributions: Guohua Zeng and Jean de la Rosette had full
 access to all the data in the study and took responsibility for the integrity

- ³³³ of the data and the accuracy of the data analysis.
- ³³⁴ Study concept and design: de la Rosette, Zeng.
- Acquisition of data: Duan, X. Xu, Mao, X. Li, Nie, Xie, Jiongming Li, Lu, Zou,
- ³³⁶ Mo, C. Li, Jianzhong Li, Wang, Yu, Fei, Gu, Enci Xu, Kong, Wu, Sun, Liu.
- ³³⁷ Analysis and interpretation of data: Cai, Zhao, Zhu.
- ³³⁸ *Drafting of the manuscript*: Cai, Zhao, Zhu.
- ³³⁹ Critical revision of the manuscript for important intellectual content: de la
 ³⁴⁰ Rosette, Zeng.
- ³⁴¹ Statistical analysis: Cai, Zhao, Zhu.
- ³⁴² *Obtaining funding*: Zeng.
- ³⁴³ Administrative, technical, or material support: Duan, X. Xu, Mao, X. Li, Nie,
- ³⁴⁴ Xie, Jiongming Li, Lu, Zou, Mo, C. Li, Jianzhong Li, Wang, Yu, Fei, Gu, Enci
- ³⁴⁵ Xu, Kong, Wu, Liu.
- ³⁴⁶ Supervision: Cai, Zeng.
- ³⁴⁷ Other: None.

Financial disclosures: Guohua Zeng certifies that all conflicts of interest,
 including specific financial interests and relationships and affiliations
 relevant to the subject matter or materials discussed in the manuscript
 (eg, employment/affiliation, grants or funding, consultancies, honoraria,
 stock ownership or options, expert testimony, royalties, or patents filed,
 received, or pending), are the following: None.

Funding/Support and role of the sponsor: This work was financed by
grants from high-level development funding of Guangzhou Medical354
355University (2017160106). The funding organization has a role in the
preparation of this study.357

Acknowledgments:We thank the clinical trial team, all investigators,358and patients and their families. We also thank Professor Wan for his
assistance in editing this manuscript and Professor Jinxiang Ma for her360contribution to the quality control of this trial.Q4

Appendix A. Supplementary data

362

366

Supplementary material related to this article can be found, in the online version, at doi:https://doi.org/10.1016/j. eururo.2020.09.026.

References

- [1] Ruhayel Y, Tepeler A, Dabestani S, et al. Tract sizes in miniaturized percutaneous nephrolithotomy: a systematic review from the European Association of Urology Urolithiasis Guidelines Panel. Eur Urol 2017;72:220–35.
- [2] Seitz C, Desai M, Häcker A, et al. Incidence, prevention, and management of complications following percutaneous nephrolitholapaxy. Eur Urol 2012;61:146–58.
 ³⁶⁹ 370
- [3] Yamaguchi A, Skolarikos A, Buchholz NP, et al. Operating times and bleeding complications in percutaneous nephrolithotomy: a comparison of tract dilation methods in 5,537 patients in the Clinical Research Office of the Endourological Society Percutaneous Nephrolithotomy Global Study. J Endourol 2011;25:933–9.
- [4] Jackman SV, Docimo SG, Cadeddu JA, Bishoff JT, Kavoussi LR, Jarrett TW. The "mini-perc" technique: a less invasive alternative to percutaneous nephrolithotomy. World J Urol 1998;16:371–4.
- [5] Helal M, Black T, Lockhart J, Figueroa TE. The Hickman peel-away sheath: alternative for pediatric percutaneous nephrolithotomy. J Endourol 1997;11:171–2.
- [6] Kang SK, Cho KS, Kang DH, Jung HD, Kwon JK, Lee JY. Systematic review and meta-analysis to compare success rates of retrograde 377

7

384

ARTICLE IN PRESS

EUROPEAN UROLOGY XXX (2019) XXX-XXX

- intrarenal surgery versus percutaneous nephrolithotomy for renal
 stones >2cm: an update. Medicine (Baltimore) 2017;96:e9119.
- [7] Pelit ES, Atis G, Kati B, et al. Comparison of mini-percutaneous
 nephrolithotomy and retrograde intrarenal surgery in preschoolaged children. Urology 2017;101:21–5.

[8] Baş O, Dede O, Aydogmus Y, et al. Comparison of retrograde intrar enal surgery and micro-percutaneous nephrolithotomy in moder ately sized pediatric kidney stones. J Endourol 2016;30:765–70.

- [9] Hübner WA, Irby P, Stoller ML. Natural history and current concepts for the treatment of small ureteral calculi. Eur Urol 1993;24:172–6.
- ³⁸⁵ [10] Delvecchio FC, Preminger GM. Management of residual stones. Urol Clin North Am 2000;27:347–54.
- [11] Grant S, Aitchison T, Henderson E, et al. A comparison of the
 reproducibility and the sensitivity to change of visual analogue
 scales, Borg scales, and Likert scales in normal subjects during
 submaximal exercise. Chest 1999;116:1208–17.
- [12] Wu W., Yang D., Tiselius H.G., et al. The characteristics of the stone
 and urine composition in Chinese stone formers: primary report of
 a single-center results. Urology 83:732–737.
- ³⁹³ [13] Okhunov Z, Friedlander JI, George AK, et al. S.T.O.N.E. nephrolitho ³⁹⁴ metry: novel surgical classification system for kidney calculi. Urol ogy 2013;81:1154–69.
- [14] Singer M, Deutschman CS, Seymour CW, et al. The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3).
 JAMA 2016;315:801–10.
- [15] Mishra S, Sharma R, Garg C, Kurien A, Sabnis R, Desai M. Prospective comparative study of miniperc and standard PNL for treatment of 1 to 2 cm size renal stone. BJU Int 2011;108:896–9.
- [16] Knoll T, Wezel F, Michel MS, Honeck P, Wendt-Nordahl G. Do patients
 benefit from miniaturized tubeless percutaneous nephrolithotomy?
 A comparative prospective study. J Endourol 2010;24:1075–9.
- [17] Cheng F, Yu W, Zhang X, Yang S, Xia Y, Ruan Y. Minimally invasive
 tract in percutaneous nephrolithotomy for renal stones. J Endourol
 2010;24:1579–82.

- [18] Lu Y, Ping JG, Zhao XJ, Hu LK, Pu JX. Randomized prospective trial of tubeless versus conventional minimally invasive percutaneous nephrolithotomy. World J Urol 2013;31:1303–7.
- [19] Zeng G, Zhao Z, Wan S, et al. Minimally invasive percutaneous nephrolithotomy for simple and complex renal caliceal stones: a comparative analysis of more than 10,000 cases. J Endourol 2013;27:1203–8.
- [20] Mitropoulos D, Artibani W, Graefen M, et al. Reporting and grading of complications after urologic surgical procedures: an ad hoc EAU guidelines panel assessment and recommendations. Eur Urol 2012;61:341–9.
 413
- [21] Pietropaolo A, Proietti S, Geraghty R, et al. Trends of urolithiasis:
 interventions, simulation, and laser technology' over the last
 16 years (2000-2015) as published in the literature (PubMed): a
 systematic review from European section of Uro-technology
 (ESUT). World J Urol 2017;35:1651–8.
- [22] Türk C, Petřík A, Sarica K, et al. EAU guidelines on interventional treatment for urolithiasis. Eur Urol 2016;69:475–82.
- [23] Smith-Bindman R, Moghadassi M, Griffey RT, et al. Computed tomography radiation dose in patients with suspected urolithiasis.
 JAMA Intern Med 2015;175:1413–6.
- [24] Opondo D, Gravas S, Joyce A, et al. Standardization of patient outcomes reporting in percutaneous nephrolithotomy. J Endourol 2014;28:767–74.
- [25] Zhong Q, Zheng C, Mo J, Piao Y, Zhou Y, Jiang Q. Total tubeless versus standard percutaneous nephrolithotomy: a meta-analysis. J Endourol 2013;27:420–6.
- [26] Ng FC, Yam WL, Lim TYB, Teo JK, Ng KK, Lim SK. Ultrasound-guided
 percutaneous nephrolithotomy: advantages and limitations. Investig Clin Urol 2017;58:346–52.
- [27] Hu Y, Huang C, Sun Y, et al. Morbidity and mortality of laparoscopic versus open D2 distal gastrectomy for advanced gastric cancer: a randomized controlled trial. J Clin Oncol 2016;34:1350–7.